

HEAVY VEHICLE DRIVERS WANTED



We are currently seeking individuals with a heavy vehicle truck license to take part in a research study at Monash University

What will the project involve?

- **Two visits to a specialised sleep facility which will include:**
 - **A 7 or 11 hour simulated rest break**
 - **In-lab testing (5.5 hours)**
 - **On-road drive in a research vehicle (7.5 hours)**
- **Wearing a wrist activity monitor**
- **Filling in a daily sleep and work diary**
- **Completing a short test before, during and after a work shift**
- **Confidential drug testing**
- **Participants will be reimbursed up to \$1600 for their time**

If interested please contact the
Monash University Sleep and
Circadian Medicine Laboratory

Phone: 0401 102 224

Email: med-crc-drivealert@monash.edu

Website: www.drivealert.com.au/

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