

# Heavy Vehicle Drivers Wanted

*Monash University is currently seeking individuals with a heavy vehicle truck license to take part in a research study investigating fatigue and alertness levels while on shift*



## What does the study involve?

- Driving your vehicle instrumented with alertness monitoring technology
- Completing a brief reaction time test on an iPad that is supplied, before during and after each work shift
- Wearing an activity monitor on your wrist
- Filling in a daily sleep and work diary
- Participants will be reimbursed up to \$500 for their time

## Drivers may be eligible if they:

- Drive a heavy vehicle under either Standard or BFM regulations
- Work 30 + hours a week on average
- Complete some night driving (between the hours 00:00-06:00)
- Consent to provide a hair sample for drug testing at the start and end of study (the results will be confidential)

For more information contact: 0401 102 224 or [med-crc-drivealert@monash.edu](mailto:med-crc-drivealert@monash.edu)

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